



IT'S TIME TO EAT REAL, SANTA BARBARA



COME AND SEE A FUN FOOD DEMO!

Prepared with fresh local veggies and fruit!

Join us for this **FREE** Event

- Share healthy food ideas
- Learn what is happening now
- Enjoy **FREE** healthy food samples
- Add your thoughts to the Message Tree

Monday
October 24

11 am – 1 pm

Back Door Deli

315 Camino del Remedio, SB

- Rethink your Drink
- Farm to Fork
- Farm to School
- Featured Farmer

